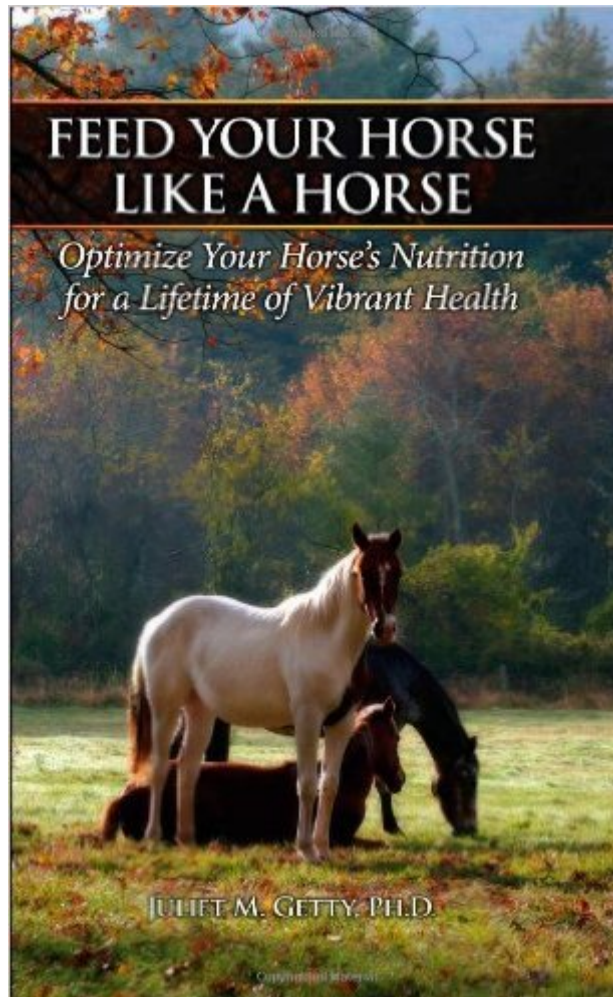


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# Feed Your Horse Like A Horse: Optimize Your Horse's Nutrition For A Lifetime Of Vibrant Health



## Synopsis

Feeding is the foundation of every horse's health, and every owner cares about it, but answers can be hard to find. Based on solid science and the author's long experience, *Feed Your Horse Like A Horse* illuminates the secrets of equine nutrition and points the way toward lifelong vitality for your horse. Part I explains the physiology of the horse's digestion and nutrient use; Part II offers recommendations for specific conditions such as insulin resistance and laminitis, as well as discussion about feeding through the life stages, from foals to athletes to aged horses. Whether you are a novice horse owner or a seasoned professional, *Feed Your Horse Like A Horse* will be your most valuable resource on equine nutrition. You'll begin in Section 1 with an up-to-date overview of nutrition and horse physiology that is designed for everyone, from the novice to the lifelong horseman. Section 2 will empower you to make the right feeding decisions that support your horse's innate needs, regardless of his condition or activity type. As a reference book, you have the freedom to choose which sections to read. Topics include:

- \* Choosing the right hay or concentrates
- \* Helping easy and hard keepers
- \* How vitamins and minerals work
- \* Recognizing and eliminating stress
- \* Importance of salt and other electrolytes
- \* Treating insulin resistance
- \* Reducing the risk of laminitis
- \* Recovery for the rescued horse
- \* Nutrient fundamentals
- \* Dealing with genetic disorders
- \* Managing allergies
- \* Alleviating arthritis
- \* Diagnosing equine Cushing's disease
- \* Preventing ulcers and colic
- \* Feeding treats safely
- \* Pregnancy and lactation
- \* Feeding the orphaned foal
- \* Optimizing growth
- \* Optimizing athletic work and performance
- \* Changing needs as horses age

Considerations for donkeys and mules

## Book Information

Hardcover: 484 pages

Publisher: Dog Ear Publishing, LLC (December 11, 2009)

Language: English

ISBN-10: 1608442144

ISBN-13: 978-1608442140

Product Dimensions: 6.1 x 1.1 x 9.2 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (30 customer reviews)

Best Sellers Rank: #592,667 in Books (See Top 100 in Books) #95 in [Books > Medical Books > Veterinary Medicine > Equine Medicine](#) #205 in [Books > Science & Math > Biological Sciences > Animals > Horses](#) #220 in [Books > Crafts, Hobbies & Home > Pets & Animal Care > Food &](#)

## Customer Reviews

I have purchased many equine nutrition books and subscribe to EQUUS and Horse Journal, and I would say Dr. Getty's book is hands-down the most detailed, comprehensive, factual, and authoritative source of equine nutrition. Before finding Dr. Getty's book, it was really difficult to access a single, comprehensive resource that could answer practically any equine nutrition question that I had. Most volumes that are available to laypeople are thin, sometimes associated with pet food manufacturers with unimpressive credentials, were vague, and shallow in their depth of coverage. I was thinking of trying to find a veterinary textbook on equine nutrition to further my learning, so meager were the resources that I could find. However, once I found Dr. Getty's book, I knew I didn't have to keep buying any more thin booklets on equine nutrition. This book has 20 chapters, covering topics from the fundamentals of carbs, proteins, fats, and minerals, to vitamins, weight management, diseases like laminitis, metabolic disorders like insulin resistance, stress and behavior, and an appendix for helping you to "crunch numbers" for calculating feed plans. My horse has a hot temperament, and he has spent the last nine months recovering and rehabbing from a ligament injury. This book has really helped me to find supplements to maximize his recovery rate and to keep him sane, using the recommendations from the book for helping with different equine temperaments and with soft tissue injury recovery. A friend of mine also has a horse with Cushing's and laminitis (thankfully now cleared up!), and after borrowing my copy, she had to buy her own because the book covers the disease and how to feed such horses in such clear detail.

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